



**STUDENT AND PARENT  
ATHLETIC  
HANDBOOK  
2009-2010**

## **BASTROP ATHLETIC DEPARTMENT CONTACT INFORMATION**

<p>Bastrop High School 1614 Chambers St. Bastrop, Tx 78602 (512)321-1303 (512)321-1151 Fax (512)321-6301</p>	<p>Bastrop Middle 709 Old Austin Hwy. Bastrop, Tx 78602 (512)321-3911 Fax (512)321-1557</p>	<p>Cedar Creek Middle 125 Voss Pkwy. Cedar Creek, Tx 78612 (512)332-2626 Fax (512)332-2631</p>
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Bastrop Memorial Stadium  
755 Hwy. 21  
Cedar Creek, Texas 78612

Athletic Director/Head Ftb. Coach	Gerald Perry	(512)321-1303
Athletic Secretary	Jennifer Adare	(512)321-1303
Asst. Athletic Director	Gary Haliburton	(512)321-5656
Head Volleyball	Christy Donaldson	(512)772-7200
Head Cross Country	Kim Miller	(512)321-1303
Head Boys Basketball	Stephen Autrey	(512)772-7200
Head Girls Basketball	Kevin Bussinger	(512)772-7200
Head Boys Soccer	Robert Watson	(512)321-1303
Head Girls Soccer	Angelia Watson	(512)321-1303
Head Boys Golf	Jim Hutchinson	(512)321-1303
Head Girls Golf	Carmene Harman	(512)321-3911
Head Tennis	Rick Longoria	(512)772-7200
Head Baseball	Mark Williams	(512)321-1303
Head Softball	Gary Currie	(512)321-1303
Head Track	Steve Mayberry	(512)321-5656
Head Powerlifting	Todd Patmon	(512)321-5656
Athletic Trainer	Greg Moore	(512)321-5656
Athletic Trainer	Kris White	(512)772-7200
Bastrop M.S. Girls Coordinator	Romonda Watley	(512)321-3911
Bastrop M.S. Boys Coordinator	Curtis Wachsmann	(512)321-3911
Cedar Creek M.S. Girls Coordinator	Naomi Kramer	(512)332-2626
Cedar Creek M.S. Boys Coordinator	Raymond Tucker	(512)332-2626

**\*If you do not reach a coach from the number listed, please call the athletic secretary.**

## **INTRODUCTION**

School athletics does have a tremendous potential for meeting the needs of our youth. Both competition and cooperation have long been prized by our American culture. Both are fostered by well conducted and competently directed athletic games. An intensive, well-balanced program of interscholastic sports should therefore be offered to all students. Interscholastic athletics for the physically gifted represents an area of great potential for practicing the pursuit of excellence.

It is therefore, the goal of the athletic program to offer this opportunity of participation to every student who had the ability and desire to do so. However, no student is obligated to take part in athletics, nor is this required for graduation. Student athletes and parents/guardians must understand that it is a **PRIVILEGE** to participate in Bastrop's interscholastic athletic program. A condition to participating in the Bastrop School District athletic program is a commitment to follow the rules, regulations, policies, and procedures established by the district for the implementation of its athletic program. It must also be understood that athletes who violate the rules, regulations, policies, and procedures shall face disciplinary action.

## **BASTROP ATHLETIC DEPARTMENT MISSION STATEMENT**

The mission of the Bastrop Independent School District's athletic program is to offer all students the opportunity to work in cooperation with others to achieve their teams' athletic potential, as well as their individual athletic potential, while emphasizing academic achievement and developing integrity, positive attitude, perseverance, responsibility, and the art of goal setting.

### **BELIEFS**

The combination of sports and academics can be a tremendous experience in a young person's life. A broad and sound sports program for all students can provide invaluable experiences for the participants.

A sound, wholesome sports program will contribute to and offer involvement to all students as participants, support groups, or as spectators. It will also serve the community by providing entertainment and establishing a common ground of interest, which will draw citizens together in support of the various sports and activities.

It is important to see athletics as a part of the total educational program. It should complement and contribute to the overall educational process.

### **STRATEGIC GOALS**

- Developing the total student: academically, socially, and physically.
- Developing an awareness of the vital importance that a positive mental attitude plays toward success in any endeavor.
- Encouraging the student athlete to achieve academic success.
- Creating a climate for developing a strong, wholesome self-concept.
- Teaching all student athletes personal acceptance of responsibility.
- Teaching all students the importance of each and every team member.
- Reaching the maximum athletic potential of each individual and each team.
- Developing an appreciation for the team concept.
- Developing an appreciation for sportsmanship.
- Reaching a competitive level in each sport.

# **ATHLETIC CODE OF CONDUCT**

## ***PERSONAL CODE OF CONDUCT***

ANY ATHLETE WHOSE CONDUCT IS JUDGED TO REFLECT DISCREDIT UPON THEMSELVES, THE TEAM OR THE SCHOOL WILL BE SUBJECT TO DISCIPLINARY ACTION.

### **SPECIFIC AREAS OF MISCONDUCT, BUT NOT LIMITED TO:**

- Violation(s) of the Bastrop Athletic Substance Abuse Policy
- Missing team practices
- Insubordination to game or school officials
- Violation(s) of policies as set forth by UIL
- Violation(s) of team rules and policies as established by specific sports
- Violation(s) of the Bastrop ISD Student Code of Conduct

**Disciplinary measures taken by the coach may be in one or more of three forms – defined as special assignments, probation, and/or dismissal. Parents will be contacted if athlete is put on probation and a contract will be signed by athlete and parent to be filed in the Athletic Director’s office. The next infraction results in dismissal. Prior to a dismissal of an athlete, a parent will be contacted of the reasons for the action. The appeals process will be outlined at that time. Request for and appeal must be done within 5 school days at each level of the appeals process. The athlete will not be eligible for any individual, team recognitions, or awards after dismissal.**

### **Disciplinary Appeals Process**

#### Step 1 - Head Coach

- Conference with student and/or parent
- Suspension of activity
- Dismissal from activity
- Other appropriate action (example: Community Service)
- Request for appeal must be done within 5 school days

#### Step 2 - Athletic Director/Middle School Coordinator

- Accept appeal and reduce action
- Denial of appeal
- Add to action
- Other appropriate action
- Request for appeal must be done within 5 school days

### Step 3 - Appeals Committee/Middle School – Athletic Director Only

- Accept appeal and reduce action
- Denial of appeal
- Add to action
- Other appropriate action
- Request for appeal must be done within 5 school days

### Step 4 - Superintendent

**Only** appeals of a permanent removal from the extracurricular activity may reach this level of the process.

- Accept appeal and reduce action
- Denial of appeal
- Add to action
- Other appropriate action
- **ALL DECISIONS FINAL, CAN NOT BE APPEALED FURTHER**

### **ATHLETES ARE EXPECTED**

- To conduct themselves in a mature fashion at all times.
- To demonstrate self-control and mutual respect at all times.
- To avoid the use of profanity, abusive language, or inappropriate gesturing.
- To accept victory with grace and defeat with dignity.
- To set an example in word and action, both on and off the playing area.
- To attend all practices. If absent, call head coach or Athletic Department office prior to missing practice. If contact is not made prior to the practice, it is considered an unexcused absence.

### **ATHLETE/PARENT/COACH COMMUNICATION PROCESS**

Before the start of each sport, the head coach will conduct a mandatory parent meeting regarding rules, regulations, and additional team rules will be distributed at that time. See attached Communication Brochure regarding the communication process after the mandatory parent meeting.

## **ATHLETIC ELIGIBILITY GUIDELINES**

(As Established by University Interscholastic League)

### **Academic Eligibility**

In order to participate in BISD athletic program the students must meet the following guidelines

1. Be a student in good standing enrolled in the BISD school district.
2. Have a completed Physical Examination form with the proper signatures on file in the athletic department. (7<sup>th</sup>, 9<sup>th</sup>, & 11<sup>th</sup> grade)
3. The athlete must meet the UIL guidelines to be eligible for competition. They must meet standards of residence, credits toward graduation, age limits, and class schedule to be eligible for varsity competition. At any level, they must meet the no pass no play expectations. They must pass all courses to be eligible unless otherwise specified by the UIL or TEA. Students failing a course will be ineligible for competition for three weeks. Ineligible athletes, however, are still allowed to practice.
4. Completed Medical History form and Medication/Treatment Consent form
5. UIL Acknowledgement of Rules form
6. UIL Parent/Student Agreement and Acknowledgement Steroid Testing form
7. BISD Athletic Department Acknowledgement of Rules form

### **Athletic Security**

There always seems to be problems with items coming up “missing” in locker rooms. No matter the cause – we must have a solution.

Athletic Solution:

1. Coach – Will make sure all players have a secure place to store items of value.
2. Athlete – Will store items of value in the secured area.
3. Team – Eliminate selfish acts such as taking or borrowing things that do not belong to you.

*If the coach does not furnish the athlete with a secure place to store valuable items, then we will assume responsibility. A secure place is defined as a locker and a lock. If the player does not store valuable items in the secure place, and kept locked at all times, then the athlete assumes responsibility. BISD is not responsible for lost or stolen valuables taken to away games.*

### Travel

Athletes are encouraged to ride the bus to and from out-of-town games. If there is an emergency during the event, and an athlete has to ride home with parents, the parents have to provide the coach with a written note prior to leaving the event. The Head Coach of each sport has the authority to allow or deny players the right to travel separately. For example, football players will ride to and from events with the team unless there is an emergency. An Athletic Travel Release form for Away Events must be completed and in the possession of the Head Coach 24 hours prior to the scheduled bus departure. This request can be denied by the Head Coach. The form can be found at the back of this manual.

High School Athletes, with vehicles, will need to fill out a Travel Release form in order to drive to off-campus BISD facilities. This form can be found at the back of this manual.

### Tobacco

Bastrop ISD is a tobacco free district and the use of tobacco is not tolerated.

### School Suspension

Any athlete suspended from school (ISS or DAEP) for any reason will not be allowed to participate in any extracurricular activity until the school administration and/or the head coach of his or her sport have reinstated them.

### Personal Appearance

All athletes representing Bastrop I.S.D. should establish and maintain a high standard of appearance at all times. Athletes must follow the personal appearance guidelines outlined in the **Bastrop Athletic Handbook and BISD Student Handbook**.

### Earrings

- Earrings are not allowed on males when in athletic facilities, trips to out-of-town games, home games, attending school events as a spectator, and athletic banquets.
- The University Interscholastic League does not permit jewelry in any competitions.

### **Hair & Facial Hair**

Hairstyles on all male athletes must be kept above the ears and off the collar in length. All male and female hairstyles must be kept neatly groomed and well maintained at all times he or she is competing as an athlete. Male athletes are not allowed to have facial hair.

### **Tattoos**

Athletes are discouraged from getting tattoos. Athletes with tattoos must cover what can be seen by spectators during competition.

### **Injury**

The Bastrop Athletic Department employs two full-time Athletic Trainers. Our trainers are certified by the Texas Department of Health. They are trained to recognize those injuries requiring a doctor's attention and treats routine injuries.

It is very important that injury problems be handled in the proper manner. Athletes should first inform the trainer of an injury. The injured athlete should always check with the trainer before going home. This allows the trainer to follow up with the parents about treatment or seeing a doctor. All doctor/parents notes are to be given to the trainers, not the coaching staff, at the High School. All doctor/parents notes, from the middle school athletes, are to be given to the girls and/or boys coordinator. The Middle School Coordinators will collect parent and doctor notes prior to any physical activity for that day. He or she is responsible for all coaches knowing the limitation of athletes prior to physical activity taken place. Physical activity includes walking and stretching. If a doctor's note is not involved, the trainer has the final say as to whether an athlete that has been injured may work out or play in a game. No coach, including the Athletic Director, may over rule the trainer, parent or doctor on injury decisions.

A doctor's note must be followed as written. If it says no activity, it means no activity, including stretching or walking. The athlete can only do as the letter states. If there is ever a question, contact the trainer or parent for clarity. Athletes are not allowed to ignore the note as well. The only person who is authorized to over ride a doctor note is the parent. A parent must send a notarized note to the coordinator overriding the doctor's orders. The letter must include releasing BISSD of any responsibility in case of an injury

associated with the initial injury under a doctor's care. It must also include what activities are allowed and are not allowed by the parent.

An athlete who has been injured will follow the following rules:

1. Report for treatment prior to school (8-8:30 a.m.), during athlete's athletic period, and after school.
2. Report for practice. The trainer will brief the coach with what drills the player can or cannot participate in. If the player is to be held out of the week's game, he will spend that time in treatment and/or rehabilitation.
3. An injured player is expected to be at practices, unless at rehab or treatment.
4. An injured player that does not report for treatment or call in is considered absent.
5. An injured player that does not follow rules 1 and 2 will not play in the week's game.
6. Middle School parents, with an injured player, can bring their son/daughter to be evaluated by the trainer before school and after school before taking him/her to the doctor.
7. A parent note is only good for one calendar day.

\*All athletes are strongly encouraged to shower following practices to combat staph infections which can be serious. This could change to mandatory if a problem arises.

### **Procedure for Quitting a Sport**

Any player beginning a season in a sport is expected to fulfill their commitment to that team. The whole premise of our program is built on commitment, responsibility, and a never give up attitude. Concerns and frustrations can usually be worked out with proper communication between the athlete and coach. The season is defined as the time from the 1<sup>st</sup> game to the final game.

***Any athlete wishing to quit a sport must complete the following steps:***

- 1. Meet with their coach and express his/her desire to discontinue participation in that sport.***
- 2. Have his/her parents sign a form stating that they are aware of their child's decision and agree.***

A player quitting a sport in season may not begin participation in another sport without the written approval of the head coach of the sport they are giving up and the head coach of the sport they are entering. Participation is considered after school practices or athletic contests. If the athlete is not allowed to be removed from the class by the counselor's office, they must dress out and participate to receive a passing grade for the class.

### **Equipment and Uniforms**

Team uniforms, warm-ups, and equipment are the property of Bastrop I.S.D. and must be treated with care. Athletes are responsible for keeping their school-issued equipment clean and secure. Athletes are not allowed to wear school issued clothing to their next class or to home. Do not use any equipment or protective gear that is no longer safe or functional. Get a replacement.

All athletes must return their uniforms and equipment to their coach immediately following their last game or competition. Theft, loss, or damage of any equipment or fundraiser items is the athlete's financial obligation.

No athlete will be allowed to check out any equipment or uniform for another sport until payment for missing or destroyed equipment is made.

### **Athletic Pass**

Each athlete will be given an athletic pass to be able to get into the sport they are participating in for free at the High School and Middle School. When getting into the game, you not only show the athletic pass, but you have to show your student id and/or license. You must show both forms of identification, athletic pass and student id, or you will not be allowed into the game. The athlete can pick up their athletic pass from their coach. If the athlete lost their pass, they must pay a \$5.00 fee to be issued another. If the athlete quits the sport they are participating in, the Head Coach will collect their athletic pass.

There is an All Sport Athletic Pass that can be purchased at the athletic office that can get you into all home BISD sporting events, general admission only. This pass does not include varsity home football games. Price of the All Sport Athletic Pass: \$30.00 for adult and \$20.00 for student. For more information, call the athletic office 321-1303

## **AWARDS**

### **Letter Jackets**

Athletes will receive, upon the head coaches' recommendations, an athletic letter jacket. Students will receive only one jacket with one varsity letter during their high school career.

Listed below are the criteria to letter for each sport. The head coach, however, has the right to issue or withhold a letter jacket for extenuating circumstances, such as injuries, value to a team without meeting playing time quotas, team violations, etc. Coaches must provide documentation of these circumstances to the Athletic Director.

All athletes in all sports must meet the following requirements in order to be eligible for a letter jacket.

1. All athletic awards will conform to guidelines established by the UIL.
2. Only athletes participating in varsity sports may receive a letter for that sport.
3. An athlete may receive only one major award, for example, a letter jacket, for their four-year career.
4. Must complete the entire scheduled season in the lettering sport in good standing.
5. Not been suspended from any games due to violations of team rules and regulations.

### **Letter B-Awards & Participation Certificates**

Varsity athletes, that play more than one varsity sport and has already earned a letter jacket, earns a letter B-award. Participation Certificates will be given to sub-varsity participants.

### **Banquets**

Banquets will include sub-varsity and varsity participants.

**Football Banquet – January 17, 2010 – 6:30 p.m. – BHS Cafetorium**

**Winter Sports Banquet - March 8, 2010 - 6:30 p.m. - BHS Cafetorium**

Sports to be recognized: Volleyball, Basketball, Powerlifting and Cross Country.

**Spring Sports Banquet – May 10 , 2010 - 6:30 p.m. - BHS Cafetorium**

Sports to be recognized: Baseball, Softball, Soccer, Golf, Tennis, Track, and Powerlifting.

# Drug-Free School Policy

To provide drug-testing procedures for athletic students in grades 9-12 in the implementation of the Bastrop Independent School District Drug-Free School Policy.

Objectives:

- to maintain a school environment free of drug use and its effect;
- to educate students as to the serious physical, mental, and emotional harm caused by the use of illegal drugs;
- to prevent injury, illness, and harm as result of the use of illegal drugs;
- to provide a deterrent to the use of illegal drugs by students in grades 9 -12;
- to give students a valid reason to resist peer pressure to use illegal drugs.

## Selection for Testing

- All students in grades 9 -12 who participate in athletics must sign intent to play form at the beginning of the school year. All such student athletes will be put into the random testing pool. If a student does not sign intent to play form until the beginning of the sport season in which the student wishes to participate, the student will automatically be tested at the next drug test session at the time of the student's declaration.
  - Students new to the district who request to declare their intentions after their enrollment in school must be approved by the coach (es)/sponsor of the sport(s) in question, the athletic director, and the principal. Students who declare late will then be subject to random testing program for as long as they participate in the extra-curricular program.
- At least 5% and not more than 25% of students will be randomly selected to be tested. Testing will be conducted up to 18 times a year. The principal, athletic director and the Safe and Drug Free School Coordinator will determine the percentage of students to be tested and the date of each test.
- For purposes of random selection during drug testing, the students will be divided into two pools; athlete whose sport is in-season will be in

pool one. A percentage of each pool will be determined by the campus administrator.

- Students who participate in more than one sport or activity at the same time will be in only one pool at a time for the purposes of random selection for drug use testing.
- Students who are selected to be tested during one test period will be eligible for future tests, and if selected may be tested in consecutive tests.
- Athletes failing to test on test dates:
  - If a student whose name is on the test list should leave school without testing, it will be treated as a positive test
  - Athletes who leave school during the school day must follow the proper procedure to avoid missing possible test.
  - All athletes leaving school during the day because of illness or other reasons must check out through the school nurse. If it is a test day, the nurse collects a specimen and the student may leave.

#### **DRUGS TO BE TESTED FOR:**

- Drugs that individuals may not buy, possess, use, sell, or distribute under either federal or Texas law. Such drugs include, but are not limited to:
  - marijuana
  - cocaine
  - opiates
  - amphetamines
  - methaqualone
  - benzodiazepines
  - phencyclidine (PCP)
  - methadone
  - barbiturates
  - propoxyphene
  - alcohol and/or their metabolites
- performance enhancing drugs
- All prescription and over the counter drugs upon reasonable suspicion that they are being used in an abusive way.

## **Sample Collection and Testing Procedures:**

- Tests may be conducted by means of urinalysis, hair methodology and or oral saliva swabs.
- All athletic participants and their parents will need to sign the BISD Athletic Acknowledgement of Rules & Policies form, before the student shall be eligible to practice or participate in any extra-curricular activity, including off-season athletic training and drug testing. (Students 18 years of age or older, may choose to sign the form without parental/guardian consent.)
- The campus Principal, Athletic Director, and Safe, and Drug Free School Coordinator will determine a percentage of student names to be drawn at random to provide a urine or hair sample for drug use testing time.
- Students who are selected will provide a urine, hair or oral saliva swabs sample within 30 minutes of the time that they are requested to do so.
- A refusal to provide a sample will be treated as a positive result.
- All aspects of the drug-testing program will be conducted in a manner that will safeguard the personal and privacy rights of students to the maximum degree possible.
- The principal or athletic director, as appropriate, shall designate a faculty member or coach to accompany the student to a collection area where the urine, hair or oral saliva swab sample is to be collected. The monitor(s) shall not observe the student while a urine sample is being produced.
- If at anytime during the sampling procedure a collector has reason to believe that a student is tampering with the sample the collector may inform the principal, athletic director or safe and drug free coordinator, who will then determine if a new sample should be obtained. The questionable sample shall be properly identified as such and sent to the laboratory with a second sample.
- All samples will be identified with the students' specific identification numbers, sealed and submitted to a Substance Abuse and Mental Health Services Administration (SAMHSA) certified laboratory.
- If the initial screening test of a sample is positive, it will be subject to conformation testing. If the confirmation test is positive, the sample will be reported as positive to the Medical Review Officer (MRO). A MRO review will be initiated immediately upon receipt.

- Anti-Drug Program Consultants will immediately contact the principal and other designated responsible person by telephone if the result of the drug-use test for any student athlete or volunteer is confirmed positive to the MRO. The principal will await the MRO inquiry to determine the results of the medical review. No information about the test results of the MRO will be to any staff, parent/guardian or student during testing period.
- After the MRO reviews the laboratory positive test report and related matters and verifies that the positive report is evidence of illegal drug use, he/she will document this determination by entering a verification statement on the laboratory test report, the results of the MRO will contact to ADPC who will notify the principal and athletic director.
- The principal upon receipt of a copy of the positive laboratory test report, signed by the MRO will contact the student and the parents/guardians and schedule a conference. At the conference, the student or parents may offer any explanation of the positive results.
- If the student's parents/guardians desire a confirmatory retest of the remaining original specimen, they may request it at their own expense. This request should be made in writing within 48 hours of the notification from principal to parent/guardian/student of the confirmed positive test. Bastrop ISD chain of custody procedure will be utilized to forward the specimen to SAMHSA certified laboratory of the student/parent/guardian choice. Results of this confirmatory re-test will be considered definitive unless a hair test is requested.
- If the student/parent desires a confirmatory re-test, two options are available: (1) utilize the remainder of the specimen from initial urine test; or (2) utilize hair or another hair sample. Either test will be at their own expense and must be requested within 48 hours of notification of the MRO confirmed positive. Bastrop ISD chain of custody procedure will be utilized to forward the specimen to SAMHSA certified laboratory of the student/parent/guardian choice. Results of this confirmatory re-test will be considered final.
- ***Results shall be kept confidential and disclosed only to the student athlete, his or her parents/guardians, and school officials designated by the Superintendent. Confidentiality shall be maintained at all levels. Results shall not be placed in student records. No action shall be taken by the school against the student other than suspension from participating in interscholastic athletics, as outlined***

*below; Students shall not be restricted from participation in any other student activities or penalized in any other way.*

## **SANCTIONS FOR POSITIVE TESTING**

- All offenses are cumulative for the athlete's enrollment in grades 9-12 in Bastrop ISD.
  - **First Offense:**
    - The student athlete and parents/guardians will participate in a mandatory meeting required with the campus principal and/or athletic director.
    - The student athlete will be suspended from participating in athletic activities for three (3) weeks.
    - The student athlete will retest during the next three (3) random testing periods.
  - **Second Offense:**
    - The student athlete will be suspended from all activities of the athletic program for the remainder of the calendar school year and is removed from the random drug testing pool.
    - The student athlete must successfully complete, at the parent's/guardian's expense, an approved education/ counseling
    - The student athlete at the beginning of the next school year, will be subject to a minimum of monthly drug tests administered by the BISD drug testing facility only, and must test negative on each one (at the parent's/guardian's or student's expense, which will be pre-paid). After three consecutive negative drug tests, the student will be reinstated into the random pool.
  - **Third Offense:**
    - The student athlete will no longer be eligible to participate in high school athletics. A student may appeal permanent removal from athletics under this policy to the superintendent by filing a written notice within five (5) school days of the positive report of drug use. The student will remain ineligible pending the appeal. The superintendent will conduct a hearing to determine whether the original finding and suspension were justified. The superintendent's decision may be appealed in accordance with existing school policy.

- ***Refusal to Test: Each time a student refuses to take a drug/alcohol test, after having signed the permission slip, will be treated as a positive test.***

### **School Athletic Insurance**

The purpose of this section is to explain the accident insurance policy, which covers all athletes in Bastrop Independent School District.

All students practicing for, and competing in any athletic activity under the regulation and jurisdiction of the district are covered under the insurance plan. This coverage is not full coverage. It is a secondary policy only. It pays for extra expenses, which are not taken care of by the student's family insurance. A primary policy is offered only if a student has no family insurance. This is not a full coverage policy.

Students are covered under the best insurance coverage available to us. In case of an injury, parents must contact athletic trainer or the coach in charge of that sport before taking their child to the doctor. Failure to do so may forfeit their rights to insurance claims covered under the school plan. For further information contact the athletic trainer.

1. If your child is injured, you must contact the athletic trainer or coach in charge of the sport.
2. You must first file on your personal family insurance.
3. The school insurance will pay with limits what your personal policy does not.
4. If you have no personal policy, a reasonable and custom coverage is provided.
5. An insurance claim will be filed within 15 days of injury.

**Warning, Agreement to Obey Instructions  
Release Assumption of Risk and Agreement to Hold Harmless**

SPORT

- |                                     |  |  |
|-------------------------------------|--|--|
| <input type="checkbox"/> Football   | <input type="checkbox"/> Cross Country   | <input type="checkbox"/> Power-lifting         |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Track and Field | <input type="checkbox"/> Cheerleading          |
| <input type="checkbox"/> Volleyball | <input type="checkbox"/> Golf            | <input type="checkbox"/> Drill Team/ Pep Squad |
| <input type="checkbox"/> Softball   | <input type="checkbox"/> Tennis          | <input type="checkbox"/> Band                  |
| <input type="checkbox"/> Baseball   | <input type="checkbox"/> Soccer          |  |

I am aware that playing or practicing to play/participate in any sport can be a dangerous activity involving many risk of injury. I understand that the dangers and risk of playing or practicing to play/participate of the above sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other parts of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in the above sport may result not only in serious injury, but also in impairment of my future abilities.

Because of the dangers of participating in the above sports, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules etc.

We further authorize any school personnel to consent to, and any medical person to administer, any medical care, treatment, or assistance to our child, which may be determined to be necessary for the treatment or attention of any injuries or ailment which our child may sustain in connection with such treatment, or attention of any injuries or ailment which our child sustains in connection with such athletic or sports program. We further acknowledge that any claim arising out of injury to our child is to be processed through, or be paid by us and that it is not to be presented to, processed through, or is paid by the Bastrop ISD.

In consideration of the Bastrop Independent School District permitting me to try out for the Bastrop ISD Athletic Sports Program, activities related to the team, including, but not limited to, trying out, practicing, playing/participating in that sport, I hereby assume all risks associated with participation and agree to hold Bastrop ISD, its employees, representatives, coaches, trainers and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in any activities related to the Bastrop ISD Sports Program. The terms hereof shall serve as a release and assumptions of risk of heirs, estate, executor, administrator, assignees, and for all members of the family.

I release BISD, the Athletic Department and its coaches the authority to release to the media, College or Universities and Athletic Websites, pictures or athletic information for the purpose of promotional opportunities or college recruiting.

**Bastrop Independent School District  
Athletic Department  
2009-2010**



**Acknowledgement of Rules & Policies**

**ATHLETE AND PARENT**

I, as parent of \_\_\_\_\_ have read the rules and policies set forth for athletic participation at Bastrop ISD and give my son/daughter permission to participate under these conditions. I will do my part in seeing that he/she follows these rules and policies.

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date

I have read, understand and agree to accept the responsibilities and consequences as outlined in the Bastrop ISD Student and Parent Athletic Handbook.

\_\_\_\_\_  
Student-Athlete

\_\_\_\_\_  
Date

\*In order to participate in athletics, both student and parent signatures are required.